

Prayer for Chastity

Chastity is best described as the virtue that perfects the soul's ability to love God above all things and one's neighbor as oneself. Br. Giles, an early Franciscan and companion of St. Francis himself, defined chastity as the sole reservation of our physical and spiritual senses for the love of God. Therefore, we must strive to be Chaste in all we say in all we do and in all we think! Let us turn to Mary, the Virgin Bride of the Holy Spirit and ask her to purify us in the love of Her Son, so that we might attain true Chastity and live it in the perfect way she did.

O Mary, beloved of God, I beg thee to intercede for me with thy most merciful Son, Jesus Christ, and attain for me true perfection in the virtue of Holy Chastity. So, that I might live a life of purity and love and be found most pleasing by my Lord and God. Amen.

O Mary, here are my Eyes, make them like Christ's: Hail Mary full of grace...

O Mary, here are my Ears, make them like Christ's: Hail Mary full of grace...

O Mary, here are is my Sense of Smell, make it like Christ's: Hail Mary full of grace....

O Mary, here is my Taste, make it like Christ's: Hail Mary full of grace...

O Mary, here are my Touch and Feelings, make them like Christ's: Hail Mary full of grace...

O Mary, here is my Sexuality, make it like Christ's: Hail Mary full of grace...

O Mary, here is my Intellect, make it like Christ's: Hail Mary full of grace...

O Mary, here is my Memory, make it like Christ's: Hail Mary full of grace...

O Mary, here is my Will, make it like Christ's: Hail Mary full of grace...

O Mary, here is my Heart, make it like Christ's: Hail Mary full of grace...

Let Us Pray: *Remember of most gracious Virgin Mary that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired by this confidence, I fly to thee O Virgin of virgins my mother. To thee I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate! Despise not my petitions, but in thy mercy hear and answer them. Amen.*